

It's best to use fresh fruit for these pies 1 Prel

liquid making the pies soggy.

250g (8 ounces) strawberries, chopped

250g (8 ounces) raspberries, chopped

¼ cup (55g) caster (superfine) sugar

as frozen fruit will give off too much

2 teaspoons plain (all-purpose) flour ½ cup (65g) finely chopped pistachios

3 sheets frozen shortcrust pastry, just thawed

3 sheets frozen puff pastry, just thawed 1 egg, beaten lightly

2 tablespoons icing (confectioners') sugar

1 Preheat oven to 200°C/400°F. Line three large oven trays with baking paper. Place trays in oven to preheat.

2 Combine berries, 2 tablespoons of the caster sugar, the flour and half the pistachios in a medium bowl.

3 Using a 11cm (4½-inch) heart-shaped cutter, cut out 12 shapes each from shortcrust and puff pastry. Using a 1cm (½-inch) round cutter, cut out rounds from the puff pastry hearts. Refrigerate pastry for 15 minutes.

4 Place shortcrust pastry hearts on hot trays about 3cm (1¼ inches) apart. Divide strawberry mixture in centre of each heart. Top with puff pastry hearts; press edges together with a floured fork to seal. Brush lightly with egg, sprinkle with the remaining caster sugar.

5 Bake pies for 25 minutes or until pastry is golden brown. Dust pies with icing sugar; sprinkle with remaining pistachios. Serve warm.

prep + cook time 50 minutes (+ refrigeration)
makes 12

tip You can freeze uncooked hand pies for up to 2 months.

serving suggestion $\,$ Serve with cream.

